

## Dianne Collins and Alan K. Collins Distinguished Speaker Series Program in the Study of Spirituality



### Is Law the Manifestation of Spirit for the Common Good? The Legal System as the Structure for Integrity, Purpose, and Joy Lecture by J. Kim Wright, J.D.

Thursday, March 2, 2017 | 7 PM | FIU Modesto A. Maidique Campus | SASC 100

Work and spirituality author, Pat Sullivan, defines spirituality as "integrity, purpose and joy in action." She's found that definition fits for her clients who are often lawyers. At least that used to be true. In the last few years, lawyers aren't so shy about this topic. They have become more engaged and open to spiritual matters. Holistic, integrative law is now a topic even among many mainstream lawyers. Why should we all care about this? Law is the thread that weaves our relationships together. It defines who we can marry, that we should stop at the red light, and when we've crossed the line of what is permissible in society. Law answers many questions about how we live together. It is all around us and mostly, like Spirit, is invisible to the eye, guiding us. Learn about how law is expanding what is possible from one of the visionaries.

**J. Kim Wright** is a trailblazer in the area of Integrative Law. After many years of practicing law, she now writes, trains, coaches, and mentors lawyers around the world. Author of two popular American Bar Association books (*Lawyers as Peacemakers* and *Lawyers as Changemakers*), she attended the University of Florida College of Law. Her great-great grandmother was a member of a pioneer Central Florida family and Kim was born in Osceola County. A nomad since 2008, she often visits the family farm in Kissimmee. [www.jkimwright.com](http://www.jkimwright.com)

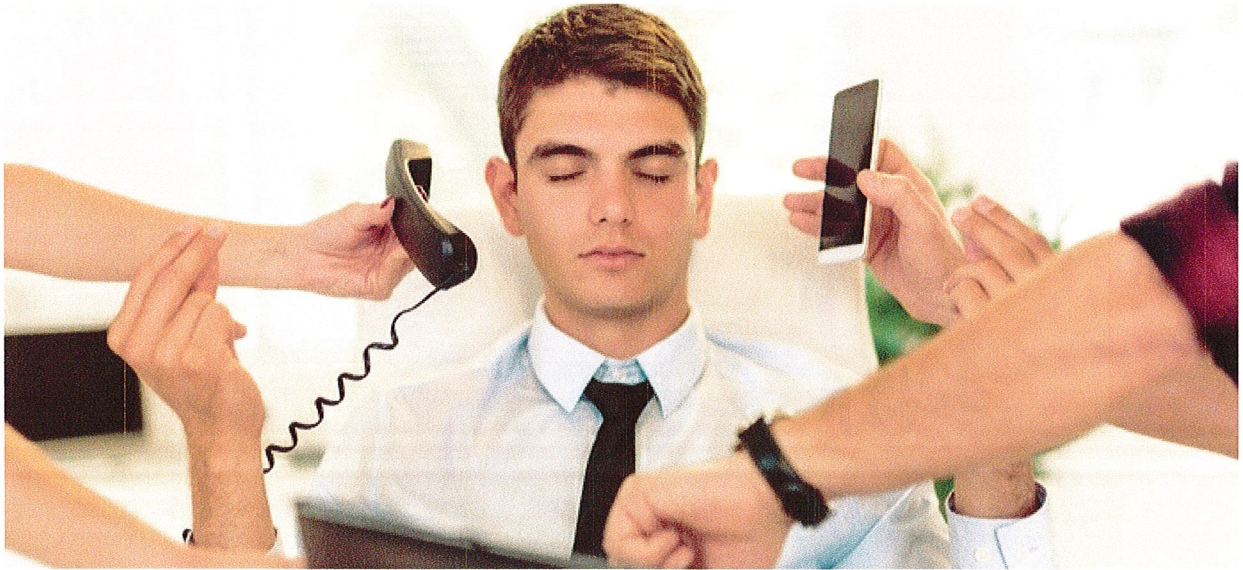
This event is free and open to the public. To RSVP, please [click here](#).  
For more information, please call 305-348-7266.

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### Mindfulness and Yoga: Real Tools for the Real World Lecture by Jeska Brodbeck, Be Light Yoga

Tuesday, September 20, 2016 | 12:30 PM | FIU Modesto A. Maidique Campus | WC 130

Bring your lunch and learn how mindfulness practices can move you out of stress and into a mind like water-also commonly known as "the zone." Mindfulness practices can help you create the space to be efficient without stress. The tools of yoga, such as quick breath exercises, bringing awareness to the present moment, working with your breath and doing simple movements at your desk can help you shift your mood in just 5 minutes from chaotic to calm. Join Jeska as she shares scientifically-proven methods to create a mind that works FOR you instead of against you so you can optimize your performance at work and feel great, too!

**Jeska Brodbeck** is a full-time yoga teacher based in Miami. Jeska was trained at one of the top yoga schools in the U.S., the Kripalu Center for Yoga & Health in the Berkshires, Massachusetts. She has practiced yoga for over twelve years and has been teaching yoga for over four. Her teaching style is an open-hearted, Kripalu-inspired vinyasa practice that encourages students to explore their limits, while having compassion for where they are in the present moment.

**This event is free and open to the public. To RSVP, please [click here](#).**

For more information, please call 305-348-7266.

Co-sponsored by:

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**Dianne Collins and Alan K. Collins Distinguished Speaker Series**  
**Program in the Study of Spirituality**



**Unified Theory of Everything Human**  
**The New Biopsychosocial Model of Disease, Suffering**  
**and Mankind's Search for Purpose and Meaning**

**Lecture by Dr. Paul J. Canali, D.C.**

Tuesday, November 15, 2016 | 7 PM | FIU Modesto A. Maidique Campus | GC 140

The Unified Theory of Everything Human is a comprehensive model of human evolution and development. It is becoming alarmingly clear that both physiological and psychological health and disease, whether we thrive or remain stuck in life and even our search for purpose, meaning and spiritual quests, has more to do with our early childhood environment than anyone could imagine. Unified Theory is based on the discovery of an entirely new operating system that allows unprecedented communication into the brain, nervous system, the unconscious mind, implicit and explicit memory, and yes, the mysterious higher self-lurking behind the door of the middle prefrontal cortex of the brain. The ancients called this the third eye. For physicians, mental health professionals, and other healthcare providers, the new diagnostic advantages are unprecedented, healing persistent unexplained illnesses from PTSD to functional neurological disorders (FND) and the greatest mystery in all of medicine – chronic pain, anxiety and trauma. Most importantly it holds the ecstasy of your own surrender, a peace and grace that will transcend all understanding.

**Dr. Paul J. Canali** of the Evolutionary Healing (EH) Institute in Miami has been involved in the study of the human condition for over 30 years. He was a pioneer in the biopsychosocial model of disease and suffering and the intergenerational effects of toxic stress and trauma; especially how toxic stress and trauma affect the brain and body. Dr. Canali is associated and accredited with pioneering somatic brain body therapies, including many terms that are often used today in the field of medicine and psychology, especially those related to autonomic nervous system regulation. Dr. Canali represents a new, rare breed of physicians. Physician-Healer is a physician who is well-versed in the mind, science and psychology of human beings, but also has developed something else – an intuitive skill that expands the ability to heal suffering.

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For more information, please call 305-348-7266.



## Dianne Collins and Alan K. Collins Distinguished Speaker Series

Program in the Study of Spirituality



### Artsbridge

Lecture by Deborah Nathan, Artsbridge, Inc.

Thursday, March 3, 2016 | 7 PM | FIU Modesto A. Maidique Campus | GC 243

Artsbridge, Inc., is a unique and promising approach to conflict mitigation and leadership development focusing on youth from the Middle East and the USA. Through a combination of reflective dialogue and the artistic process, Artsbridge introduces Israeli, Palestinian and American youth to tools that can help them envision and actualize a brighter future without violence, hatred and mistrust. Through year-round programming, Artsbridge not only teaches the skills necessary for constructive dialogue, partnerships and conflict resolution, but also works to build a network of support, so that youth who attend the summer intensive here in the U.S. have the ongoing opportunity to practice their skills and teach others at home.

Director and Founder Deborah Nathan, is a licensed art therapist and mental health counselor, artist and nonprofit manager. Nathan received her Masters Degree from Lesley University in Expressive Therapies, and has over 30 years of experience in educating youth and in the arts. She began work on realizing her vision in mid-2007 and rapidly assembled a U.S. Board, achieved 501(c)(3) status, and built a web of relationships with partner NGOs in Israel and the West Bank.

Co-Sponsored by the **FIU Herbert Wertheim College of Medicine.**

This event is free and open to the public. For more information, call 305-348-7266.

In providing a series of thoughtfully selected guest lectures, exhibitions, and events, Florida International University's *Program in the Study of Spirituality* has shown invaluable promise in terms of providing students, faculty, and the greater Miami community opportunities for creative and meaningful collaboration. Beyond paying homage to the various ways in which spirituality can manifest itself, the program provides students and the community with spiritually-based wisdom which can be used to regenerate purpose, meaning, and life satisfaction while also creating spaces where positive transformative experiences can occur.

Joshua Falcon, MA

PhD Student – Anthropology

Department of Global and Sociocultural Studies

The Program in The Study of Spirituality has provided a space for awareness and understanding in our community, a much-needed space I might add. This platform is driven to shed light on Spirituality and how it permeates every moment in our lives. The program has taken great care in defining its mission in a manner such that it is all inclusive ... it is not about religion, it's about spirituality.

I strongly believe the Program in the Study of Spirituality has had and will continue to have a positive impact in our community, in FIU students and beyond, as it becomes a stronger model to follow: for this we need growth and to create more awareness in the community, whereby it can reach a greater number of people in increasingly significant ways. The garnish more widespread support will help further this most noble mission.

I am honored and privileged to serve on its Advisory Board and seek to continue providing any support within my capability for both the preservation and growth of this program.

Dr. Waldo Castro, MD, AyurD

## **Program in the Study of Spirituality**

### **Dalai Lama Delivers Speech at FIU (1999)**

[https://youtu.be/pRzW\\_T36faE](https://youtu.be/pRzW_T36faE)